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Topic Break Down

Topic	No. of Questions
Topic 1, Volume A	204
Topic 2, Volume B	207
Topic 3, Volume C	201
Topic 4, Volume D	156
Total	768

QUESTION NO: 1

Which of the following statements, if made by a patient who is being discharged with a posterior nasal pack, indicates that the patient needs further instruction?

- A. "I will irrigate the packing daily."
- B. "I will change the packing every two days."
- C. "I will cough and deep breathe four times a day."
- D. "I will take antibiotics until the packing is removed."

ANSWER: D**QUESTION NO: 2**

A client is court ordered to take psychiatric medications. Medication administration procedures for this client should include

- A. giving the client 8 oz of juice to take with the medication
- B. leaving the medication in the client's room for self-administration
- C. crushing the medication prior to administration
- D. checking inside the client's mouth after administration

ANSWER: D**QUESTION NO: 3**

A nurse is instructing a patient about gastroesophageal reflux disease (GERD). Which of the following instructions should the nurse stress?

- A. Reduce intake of caffeine beverages
- B. Eat three large meals a day
- C. Drink milk as a bedtime snack
- D. Take antacids directly after a meal

ANSWER: A

QUESTION NO: 4

Which of the following symptoms is consistent with a diagnosis of borderline personality disorder?

- A. Magical thinking
- B. Intense, labile affect
- C. Avoidance of relationships
- D. Multiple somatic complaints

ANSWER: B**QUESTION NO: 5**

A client with multiple IV sites is to begin receiving total parental nutrition (TPN). The most appropriate IV access site would be the peripherally inserted central venous (PICC) catheter in the

- A. femoral vein.
- B. cephalic vein.
- C. basilic vein.
- D. subclavian vein.

ANSWER: D**QUESTION NO: 6**

On the second day postpartum, a nurse assesses a woman who had a normal delivery. The nurse should expect which of these types of lochia at this time?

- A. Creamy yellowish discharge streaked with red
- B. Dark red discharge without clots
- C. Clear thin pink-tinged discharge
- D. Light brown discharge with a few clots

ANSWER: B**QUESTION NO: 7**

A woman is admitted to the hospital in labor. On admission, the fetal heart rate is 136 beats per minute. One half-hour later the fetal heart rate is 124 beats per minute. Which of these actions should the nurse take first?

- A. Elevate the client's legs so that they are higher than her uterine fundus
- B. Continue to monitor the fetal heart rate
- C. Discuss the findings with the physician
- D. Instruct the client to take deep breaths through her mouth

ANSWER: B

QUESTION NO: 8

Which of the following behaviors is most indicative of impairment due to substance abuse in a nurse?

- A. Patients report that the nurse is always distracted and tired during the shift
- B. Patients report experiencing pain despite documented administration of pain medication
- C. Patients report that valuables are missing
- D. Patients report rude treatment by the nurse

ANSWER: B

QUESTION NO: 9

A primigravida who has had no prenatal care is admitted to the hospital in active labor. Her cervix is dilated 8 cm. She starts to push with a contraction. During her next contraction, the nurse should take which of these actions?

- A. Instruct the client to take short, rapid breaths.
- B. Tell the client to take a deep breath, hold it, and then bear down.
- C. Help the client to assume a semi-sitting position and to hold her knees on a flexed position while bearing down.
- D. Apply firm pressure to the client's lower back.

ANSWER: A

QUESTION NO: 10

Which of the following physical assessment findings should indicate to the nurse that a client who received a renal transplant one month ago is experiencing acute organ rejection?

- A. Distended abdomen
- B. Pink, sensitive incisional line
- C. Lower extremity edema
- D. Tenderness in lower abdomen

ANSWER: B

QUESTION NO: 11

The mother of a 6-year-old girl who is hospitalized says to the nurse, "My 9-year-old son wants to come to the hospital to see his sister. What do you think about this?" Which of these responses would be appropriate for the nurse to make?

- A. "The hospital environment would probably frighten your son."
- B. "Do your son and daughter get along with each other?"
- C. "Do you think that your son is wondering if it is his fault that his sister is ill?"
- D. "The hospital does not allow children to visit."

ANSWER: C

QUESTION NO: 12

Which of the following comments by the spouse of a patient who abuses alcohol indicates a correct understanding of the term "blackouts" as applied to alcoholism?

- A. "My spouse only drinks after work."
- B. "My spouse's drinking causes him to forget some events."
- C. "My spouse becomes angry when he's drinking."
- D. "My spouse's employer doesn't know he drinks."

ANSWER: B

QUESTION NO: 13

At 33 weeks of pregnancy, a woman who has been treated for pregnancy-induced hypertension is admitted to the hospital because her condition has not improved. She is placed on bedrest and started on magnesium sulfate therapy. Which of the following assessments is essential for the nurse to make?

- A. Obtaining the woman's weight daily
- B. Assessing the woman's abdominal circumference daily
- C. Observing the woman for jaundice
- D. Checking the equality of the woman's femoral pulses

ANSWER: A

QUESTION NO: 14

Which of the following comments by a patient should indicate to a nurse that the patient has ideas of reference?

- A. "Those other nurses are talking about me."
- B. "The nurse explained how my medication works."
- C. "Do all the nurses here have a college degree?"
- D. "Will a nurse lead group therapy today?"

ANSWER: A

QUESTION NO: 15

Which of the following interventions should be added to the nursing care plan for a client who has difficulty swallowing after a stroke?

- A. Avoid salty foods
- B. Thicken liquids before feeding
- C. Elevate head of bed 360 degrees
- D. Place food in center of mouth

ANSWER: B

QUESTION NO: 16

Which of the following statements, if made by a client who has chronic paranoid schizophrenia, would indicate a correct understanding of the discharge instructions for antipsychotic medications?

- A. "I will take this medication daily."

- B. "I will take the medication when I start to feel anxious."
- C. "I will need to take this medication for at least six months."
- D. "I won't need as much medication after I leave the hospital."

ANSWER: A

QUESTION NO: 17

Which of the following statements best reflects client readiness for smoking cessation?

- A. "My doctor told me last year that I should quit."
- B. I have been trying to quit for 2 years.
- C. "My mother died of lung cancer."
- D. "I have been exercising and trying to cut back."

ANSWER: D

QUESTION NO: 18

A four-month-old infant who has acquired immune deficiency syndrome (AIDS) and is living with the biological mother would receive the injectable form of polio vaccine for which of the following reasons?

- A. Improved absorption
- B. Improved immunity
- C. Decreased viral shedding
- D. Decreased risk of anaphylaxis

ANSWER: C

QUESTION NO: 19

Which of the following post-procedure instructions should be included in the teaching plan for a client undergoing an arteriogram of the lower extremities?

- A. Nothing by mouth for at least 2 hours after the procedure
- B. Increased fluid intake for the first 4 hours after the procedure

- C. Conduct full range of motion exercises of the affected limb
- D. Remove pressure dressing after 1 hour

ANSWER: B

QUESTION NO: 20

A patient is to receive an intramuscular injection of iron dextran (INFeD). Which of the following steps should a nurse take before giving the injection?

- A. Rotate the medication vial for one minute prior to drawing the medication into the syringe
- B. Pull the skin to one side prior to inserting the needle
- C. Apply ice to the site prior to plunging the needle
- D. Change to a 25-gauge needle prior to administering the medication

ANSWER: B